

Dr. Joseph Nawrocki
2790 West Chestnut Street
Washington, PA. 15301
(724)225-3022

Iv Sedation Preoperative Instructions Before the procedure:

You should arrive approximately 15 minutes prior to the scheduled surgery. You must be accompanied by a responsible adult to drive you home. They must be present in the office for the duration of the procedure. Public transportation is prohibited. Arrangements must be made for some one to stay with you the rest of the day. We ask that you wear loose fitting clothes with short sleeves. High heeled shoes are not permitted. Jewelry should be removed. Devices such as tongue ring or nose studs must be removed.

Preoperative Tests & Physical Exam

Depending on your age and health, you may be required to see your medical doctor before the surgery. Some preoperative tests may be necessary.

Eating Instructions

It is very important that you have nothing to eat or drink after midnight prior to the scheduled procedure. You may brush your teeth but do not swallow any water. If you have special health considerations that would not allow you to fast, such as diabetes, hypoglycemia, or other problems please tell our office when they contact you.

Prescription Medications

If you would normally be taking prescription medications on the day of the procedure, it is important to continue them unless you are directed otherwise by your office. Your medications may be taken with a small sip of water. If you are unable to take them for any reason such as they must be taken with food, contact our office for instructions.

After the Procedure

Do not return to work or school
Do not operate an automobile or machinery of any kind for at least 24 hours
Restrain from strenuous activity
Do not prepare or cook food
Do not drink alcoholic beverages
Do not smoke
Do not make any important decisions or sign any important documents
Follow the diet plan suggested by the surgeon and anesthesiologist.